

Bar Eats

Spreads and Dips

Hummus \$8
Grilled flatbread and crisp celery for dipping
[a low cholesterol choice]

Shrimp Cocktail \$12
Baja style with avocado and lime

Blue Crab and Artichoke Dip \$10
Grilled flatbread and bread shards

Tortilla chips and Salsa \$8
With fresh guacamole \$10

Flatbreads

Goat Cheese and Arugula \$8

Italian Sausage and Fontina \$8

BLT Chicken \$8
With Ranch Dressing

Favorites

Crispy Fried Calamari \$10
Tomato dipping sauce

Jack and Cheddar Stuffed Quesadilla \$11
Chicken and green onion in a large flour tortilla
or skip the chicken, just the jack and cheddar \$9

Classic Wings, Buffalo, Thai Chili, or Smokey BBQ \$10

Sliders

Bacon and Cheddar with fries \$12

BBQ Chipotle Pork with coleslaw \$12

Crab Cake with citrus salad \$14

Sandwiches

Marriott Burger \$12
The classic on a butter toasted sesame bun,
fresh ground angus beef, cheddar cheese,
crisp bacon

Roast Turkey BLT \$11
Lemon pepper mayo, toasted sourdough

Cocktails

Tides' Happy Hour Martini – "High Tide"
Made with VeeV Organic Acai Spirit, Vodka and Blue
Curacao. Just like the picture!

U4RIK Cosmopolitan
San Diego's own U4RIK Vodka distilled from Napa
Valley's finest grapes, mixed into the very popular
Cosmo!

The "Organic" Martini
Prairie Organic Vodka is certified organic and kosher
from field to bottle. Add VeeV Organic Acai Spirit and
Pama Pomegranate Liquor for a healthy and Organic?
Try one!

Key Lime Martini
Absolut Vanilla Vodka with fresh squeezed lime juice
and a drop of Cointreau.

Razzberry Fizz
Bacardi Razz, Chambord, fresh squeezed lemon juice
and simple syrup

Berry Mojito
Bacardi Dragon Berry Rum with fresh mint

Pomegranate Sangria
House-made Sangria with a Pama float

Silver Strand Margarita
Patron Silver and Grand Marnier with fresh squeezed
juices. The ultimate margarita!

Garlic Bloody Mary
Absolut Peppar Vodka in our house-made bloody
mary mix with a touch of pickled garlic juice

HAPPY HOUR
5PM TO 7PM DAILY

TIDES

\$5 DEALS
WELL DRINKS
HOUSE WINES
DRAFT BEERS

**HALF PRICE
APPETIZERS**

COMPLIMENTARY WIFI

Beer List

On Tap

Stella Artois	Coronado Golden Ale
Blue Moon	Red Trolley Ale
Sam Adams	Bud Light

Bottled Beer

Domestic

Budweiser	Bud Light
Miller Lite	
Michelob Ultra	Coors Light

Imported

Heineken	Heineken Light
Negra Modelo	Amstel Light
Corona Light	Beck's
Corona	Newcastle
Foster's	Stella Artois
Bass Ale	Sam Smith's India Ale
	Guinness

Premium

Sam Adams	Sam Adams Light
Blue Moon	Belgian White
Sierra Nevada	Widmer Hefeweizen

Non - Alcoholic

St Pauli N.A.	O' Doul's
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White Wines by the Glass

Champagne , Piper Heidsieck Brut, 187 ml	15
White Zinfandel , Beringer	8
Riesling , Chateau St. Michelle, Columbia Valley	8
Pinot Grigio , Meridian Vineyards, Paso Robles	8
Sauvignon Blanc , Kim Crawford, New Zealand	10
Fume Blanc , Ferrari-Carano, Alexander Valley	13
Pinot Grigio , Santa Margherita, Italy	14
Chardonnay , La Terre, California	8
Chardonnay , Kendall Jackson Vintner's Reserve	10
Chardonnay , Chateau Ste. Michelle "Indian Wells" Columbia Valley	13

Red Wines by the Glass

Pinot Noir , Beaulieu Vineyard (BV), Sonoma County	8
Pinot Noir , Frei Brothers Reserve, Russian River Valley	12
Malbec , Alamos, Mendoza	9
Shiraz , Rosemount Estate, Southern Australia	8
Syrah , Chateau Ste. Michelle, Columbia Valley	9
Grenache /Shiraz /Mourvedre d'Arenberg, The Stump Jump, South Australia	8
Zinfandel , Ravenswood Vintner's Blend, Sonoma	10
Zinfandel , Rancho Zabaco, Sonoma County	9
Merlot , Beaulieu Vineyard (BV), Sonoma	8
Merlot , Clos du Bois, Sonoma	11
Merlot , Rutherford Hill, Napa Valley	13
Cabernet Sauvignon , Beaulieu Vineyard (BV), Sonoma	8
Cabernet Sauvignon , Sterling Coastal, Sonoma	10
Cabernet Sauvignon , Rodney Strong, Sonoma	15

Wines by the Half Bottle

Chardonnay , Clos du Bois, Sonoma County	18
Chardonnay , Cakebread Cellars, Napa Valley	46
Merlot , Meridian Vineyards, Santa Barbara County	20
Merlot , Clos du Bois, Sonoma County	22
Cabernet Sauvignon , Beaulieu Vineyard (BV), Sonoma	16
Cabernet Sauvignon , Kendall Jackson Vintner's Reserve	24